

# TERMS & CONDITIONS, DISCLAIMER & PARTICIPATION POLICY THRIVE SENSES

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Please read these Terms & Conditions carefully before using this website, booking any service, attending any workshop, participating in any online challenge, purchasing any course or digital product, or engaging with Thrive Senses in any way.

By accessing this website, booking or participating in any Thrive Senses service, programme, workshop, challenge, coaching session, course or activity, you acknowledge that you have read, understood and agreed to be bound by these Terms & Conditions.

If you do not agree to these Terms & Conditions, please do not use Thrive Senses services or website content.

## 1. DEFINITIONS

For the purposes of these Terms & Conditions:

“Thrive Senses”, “we”, “our” or “us” refers to Thrive Senses, its owner, employees, contractors, facilitators, representatives, affiliates and any associated providers.

“Client,” “participant,” “you,” or “your” refers to any person accessing the website, booking or attending coaching sessions, workshops, courses, online challenges, events, consultations, wellbeing programmes, digital products or any other Thrive Senses offering.

“Services” refers to all Thrive Senses offerings including but not limited to:

- Individual wellbeing coaching
- Counselling-informed wellbeing support
- CBT-informed wellbeing coaching
- ACT-informed wellbeing coaching
- In-person workshops
- Online workshops
- Aromatherapy workshops
- Wellbeing workshops
- Happiness workshops
- Coping skills workshops
- Nervous system regulation workshops
- Stress management workshops
- Confidence, resilience or personal development workshops
- Online challenges
- Courses

E-courses  
Digital products  
Downloadable materials  
Workbooks  
Educational resources  
Lifestyle and wellbeing recommendations  
Meditation, mindfulness and breathwork guidance  
Journalling exercises  
Educational website content  
Email communication  
Social media content  
Recommendations, resources or signposting

## 2. ACCEPTANCE OF TERMS

By using this website or participating in any Thrive Senses service, you acknowledge and agree that:

You are at least 18 years of age.

You participate voluntarily and at your own discretion.

You are solely responsible for determining whether Thrive Senses services are suitable for your individual needs and circumstances.

You have read and accepted these Terms & Conditions in full.

Thrive Senses reserves the right to amend, update or modify these Terms & Conditions at any time without prior notice. Continued use of services constitutes acceptance of any updated terms.

## 3. WEBSITE USE & GENERAL DISCLAIMER

All information provided on the Thrive Senses website, social media channels, emails, handouts, workshops, courses, coaching sessions, downloadable materials and any other communication is intended for educational, informational and wellbeing purposes only.

The content provided by Thrive Senses:

is not intended to diagnose, treat, cure or prevent any illness or medical condition;

should not be interpreted as medical, psychiatric, psychological, therapeutic or clinical treatment;

should not replace professional medical or mental health care;

should not be relied upon as a substitute for advice from a qualified healthcare professional.

While Thrive Senses aims to provide thoughtful, evidence-informed and carefully considered wellbeing guidance, no representations or warranties are made regarding completeness, suitability, accuracy, applicability or outcomes.

You acknowledge that all decisions made following participation in Thrive Senses services remain entirely your own responsibility.

#### 4. WELLBEING COACHING & PROFESSIONAL BOUNDARIES

Thrive Senses provides wellbeing coaching, education and supportive wellbeing services.

Thrive Senses coaching is designed to support personal growth, wellbeing, self-awareness, resilience, emotional insight and lifestyle improvement. Coaching may explore areas such as:

- stress
- confidence
- anxiety management
- emotional wellbeing
- coping skills
- mindset
- resilience
- self-development
- lifestyle habits
- life satisfaction
- happiness
- purpose
- relationships
- self-care
- personal goals
- behaviour change
- wellbeing practices

Wellbeing coaching is collaborative in nature and may incorporate elements informed by counselling, cognitive behavioural therapy (CBT), acceptance and commitment therapy (ACT), mindfulness, positive psychology and other evidence-based wellbeing approaches where appropriate.

However, Thrive Senses does not provide:

- psychotherapy
- psychiatric treatment
- psychiatric diagnosis
- crisis intervention
- emergency mental health services

medical treatment  
medical diagnosis  
clinical therapy  
psychological treatment  
healthcare services

Any counselling-informed, CBT-informed or ACT-informed approaches remain supportive wellbeing tools and do not constitute formal psychological treatment or therapy.

Participation in Thrive Senses services does not create a doctor-patient, psychiatrist-patient, psychotherapist-patient or clinical therapeutic relationship.

## 5. MEDICAL DISCLAIMER

You understand and agree that Thrive Senses services are not medical advice.

Nothing contained within:

coaching sessions,  
workshops,  
online challenges,  
courses,  
handouts,  
workbooks,  
emails,  
social media,  
website content,  
downloadable resources,  
recommendations or discussions

shall constitute:

medical advice,  
psychiatric advice,  
psychological diagnosis,  
clinical treatment,  
healthcare treatment,  
therapeutic intervention,  
nutritional prescription,  
medication advice,  
professional medical guidance.

You agree that it is your sole responsibility to consult an appropriately qualified medical professional before:

attending any workshop,  
participating in coaching,  
commencing any wellbeing challenge,  
using essential oils,  
making dietary changes,  
changing supplementation,  
altering medication,  
engaging in breathwork,  
trying meditation techniques,  
implementing nervous system regulation tools,  
changing sleep habits,  
beginning exercise or movement practices,  
implementing lifestyle changes,  
following wellbeing recommendations.

This requirement applies particularly if you:

are pregnant or breastfeeding,  
are taking medication,  
have allergies,  
have asthma,  
have epilepsy,  
experience migraines,  
have respiratory conditions,  
have skin sensitivities,  
have chronic illness,  
have cardiovascular conditions,  
experience seizures,  
have psychiatric diagnoses,  
have eating disorders,  
have trauma-related conditions,  
have mental health conditions,  
are receiving medical or psychiatric treatment.

Thrive Senses accepts no responsibility whatsoever for decisions made regarding your participation or health.

## 6. PARTICIPANT SUITABILITY & PERSONAL RESPONSIBILITY

You acknowledge that you are solely responsible for determining whether Thrive Senses services are suitable for your personal circumstances.

You agree to:

exercise reasonable judgement,  
participate only to the extent you feel comfortable,  
disclose relevant medical concerns where appropriate,  
stop participation if you feel discomfort,  
seek medical support where necessary.

You acknowledge that Thrive Senses cannot and does not assess your medical suitability.

Any participation is undertaken entirely at your own risk.

## 7. MENTAL HEALTH & CRISIS BOUNDARIES

Thrive Senses services are not appropriate substitutes for specialist mental health care or emergency intervention.

Thrive Senses does not provide:

emergency support,  
crisis intervention,  
psychiatric care,  
suicide prevention services,  
addiction treatment,  
trauma treatment,  
eating disorder treatment,  
acute psychiatric care.

If you are:

experiencing suicidal thoughts,  
in psychological crisis,  
experiencing psychosis,  
in acute distress,  
in danger,  
unable to function safely,  
requiring urgent intervention,

you should immediately seek support from emergency services, a qualified doctor, psychiatrist, psychologist or licensed mental health professional.

Thrive Senses reserves the right to decline or discontinue services where participation is deemed inappropriate or unsafe.

## 8. NO GUARANTEE OF RESULTS

Thrive Senses makes no guarantees, warranties or promises regarding outcomes.

Individual experiences vary significantly.

Participation does not guarantee:

improved wellbeing,  
reduced stress,  
reduced anxiety,  
improved mood,  
increased happiness,  
behavioural change,  
confidence,  
emotional resilience,  
personal growth,  
lifestyle transformation,  
mindset change,  
improved relationships,  
emotional healing,  
business or financial success,  
psychological improvement.

All services are provided without guarantee of any particular result.

You acknowledge that outcomes depend on many factors outside Thrive Senses' control.

## 9. COACHING SESSIONS, CONFIDENTIALITY & CLIENT RESPONSIBILITIES

Coaching sessions are collaborative and client-led.

You remain fully responsible for:

your choices,  
behaviours,  
decisions,  
actions,  
outcomes,  
wellbeing.

Confidentiality will be treated seriously and information shared will generally remain private.

However, confidentiality may be limited where:

disclosure is required by law,  
there is risk of serious harm,  
there are safeguarding concerns,  
disclosure is legally compelled.

You understand that no environment, platform or communication system can ever be guaranteed to be completely secure.

Thrive Senses accepts no liability for technological breaches beyond reasonable control.

## 10. BOOKINGS, FEES & SESSION TERMS

Full payment is required in advance unless otherwise agreed in writing.

For coaching sessions:

bookings are only confirmed upon payment;  
at least 24 hours' notice is required for cancellations or rescheduling;  
cancellations made within less than 24 hours are charged in full;  
cancellations made more than 24 hours of the booking time are eligible for rescheduling only (no refund)  
missed sessions and no-shows are non-refundable.

No refunds are provided for completed coaching sessions.

## 11. WORKSHOPS, EVENTS & GROUP SESSIONS

Thrive Senses offers a variety of workshops, group sessions and educational experiences, including but not limited to:

wellbeing workshops  
aromatherapy workshops  
happiness workshops  
coping skills workshops  
resilience workshops  
stress management workshops  
nervous system regulation workshops  
mindfulness workshops  
personal growth workshops  
confidence workshops  
lifestyle and wellbeing workshops  
educational talks and events

Workshop content may vary and may include:

discussion  
guided reflection  
group exercises  
mindfulness activities  
journalling  
breathwork  
relaxation exercises  
educational information  
wellbeing strategies  
practical exercises  
aromatherapy activities  
scent exploration  
essential oil use  
lifestyle discussions  
emotional wellbeing tools

Participation in workshops is entirely voluntary.

You understand and agree that:

participation is undertaken entirely at your own risk;  
you remain responsible for your own decisions, wellbeing and participation level;  
you may choose not to participate in any activity;  
Thrive Senses cannot guarantee any specific experience or outcome;  
group dynamics and experiences may vary.

Thrive Senses reserves the right to modify workshop content, format, location, facilitator, duration or structure at any time where reasonably necessary.

## 12. PARTICIPATION RESPONSIBILITY & INFORMED CONSENT

By participating in any Thrive Senses service, you confirm that:

you voluntarily choose to participate;  
you understand participation involves personal responsibility;  
you understand that emotional, behavioural or physical responses may occur;  
you accept responsibility for monitoring your own physical and emotional wellbeing;  
you will stop participation if you experience discomfort, distress or adverse effects;  
you understand Thrive Senses cannot monitor all individual health circumstances.

You agree that you are solely responsible for assessing whether participation is appropriate for you.

Where any concern exists regarding physical or mental health suitability, you agree to seek guidance from an appropriately qualified healthcare professional before participation.

### 13. AROMATHERAPY & ESSENTIAL OIL DISCLAIMER

Some Thrive Senses workshops may include aromatherapy-related activities.

This may include:

smelling essential oils,  
scent exploration,  
diffused oils,  
discussion of oils,  
educational aromatherapy content,  
diluted topical application,  
aromatherapy blending activities,  
aromatherapy demonstrations.

Essential oils used during Thrive Senses activities are intended for educational and wellbeing purposes only and do not constitute medical treatment or medical advice.

You understand and acknowledge that essential oils may present risks, including but not limited to:

allergic reactions,  
respiratory irritation,  
skin irritation,  
skin sensitivity,  
photosensitivity,  
headaches,  
dizziness,  
nausea,  
asthma exacerbation,  
migraines,  
sensitivities to fragrance,  
adverse reactions,  
discomfort.

You agree that you are solely responsible for determining whether essential oil participation is suitable for you.

You acknowledge that you must seek medical advice before participating if you:

are pregnant or breastfeeding;

have asthma;  
have epilepsy or seizure conditions;  
experience migraines;  
have allergies or sensitivities;  
have skin conditions;  
are taking medication;  
have respiratory conditions;  
have medical conditions;  
are immunocompromised;  
have mental health conditions;  
have any uncertainty regarding suitability.

Where topical use occurs, oils will generally be prepared at approximately a 2% dilution, however:

a diluted product does not eliminate the possibility of adverse reaction or sensitivity.

You understand that:

patch testing is recommended;  
individual responses vary;  
Thrive Senses cannot guarantee suitability;  
no oil is suitable for everyone.

Essential oils are for external use only.

No ingestion of essential oils is recommended, encouraged or supervised by Thrive Senses.

Participants remain fully responsible for:

how oils are used,  
any later use,  
any decisions made following educational discussions,  
any reactions experienced.

Thrive Senses accepts no responsibility or liability for any reaction, injury, illness, irritation, allergy, sensitivity, emotional response or consequence associated with essential oil exposure or use.

#### 14. LIFESTYLE, WELLBEING & EDUCATIONAL RECOMMENDATIONS DISCLAIMER

Thrive Senses may discuss or suggest a variety of wellbeing-supportive practices including but not limited to:

mindfulness,  
meditation,  
breathwork,  
journalling,  
sleep habits,  
nervous system regulation tools,  
movement,  
exercise,  
nutrition,  
plant-based eating,  
hydration,  
lifestyle habits,  
emotional wellbeing practices,  
relaxation tools,  
coping strategies,  
self-care activities,  
behavioural approaches.

All such information is intended for educational and informational purposes only.

Nothing discussed constitutes medical advice, treatment recommendations or professional healthcare instruction.

You understand that:

results vary significantly;  
not all practices are suitable for everyone;  
medical suitability must be assessed independently;  
participation is entirely voluntary.

You agree to consult a qualified healthcare professional before making any significant lifestyle, dietary, supplement, exercise, sleep, breathing or wellbeing-related changes.

## 15. PAYMENT, BOOKING & FEES

Workshop places are only confirmed once full payment has been received.

No space shall be reserved without payment.

Prices are subject to change at any time.

Thrive Senses reserves the right to:

alter fees,

withdraw services,  
amend programmes,  
modify offerings,  
discontinue services.

Outstanding payments must be settled prior to participation.

Failure to pay may result in cancellation of participation.

## 16. REFUND POLICY

All payments made to Thrive Senses are strictly non-refundable.

This includes but is not limited to:

workshops,  
coaching sessions,  
online challenges,  
courses,  
digital products,  
downloadable materials,  
group sessions,  
educational events,  
programmes.

No refunds will be provided under any circumstances, including but not limited to:

change of mind,  
inability to attend,  
illness,  
travel disruption,  
scheduling conflicts,  
dissatisfaction,  
personal circumstances,  
misunderstanding of services,  
missed sessions,  
emotional discomfort,  
perceived lack of results.

The only exception applies where Thrive Senses cancels a workshop, programme or service entirely.

In such circumstances, Thrive Senses may offer:

a transfer,  
rescheduling,  
credit,  
or refund at its discretion.

## 17. WORKSHOP TRANSFERS & CANCELLATIONS

Workshop transfers may be permitted at Thrive Senses' sole discretion where:

sufficient notice is given (at least 48 hours before the workshop commencement time),  
availability exists,  
another suitable workshop date is available.

Transfer requests are not guaranteed.

Failure to attend a booked workshop constitutes a forfeited booking.

No-shows are non-refundable and non-transferable.

## 18. RIGHT TO REFUSE PARTICIPATION

Thrive Senses reserves the right to refuse, suspend or discontinue participation at any time where behaviour is deemed:

disruptive,  
inappropriate,  
unsafe,  
abusive,  
intimidating,  
threatening,  
discriminatory,  
intoxicated,  
harmful to others,  
incompatible with group wellbeing.

No refund shall be issued where participation is discontinued for behavioural reasons.

## 19. GROUP ENVIRONMENTS & SHARED RESPONSIBILITY

While Thrive Senses encourages respectful and confidential group participation, confidentiality in group settings cannot be guaranteed.

Participants are expected to:

behave respectfully,  
maintain discretion,  
avoid sharing personal information disclosed by others.

Thrive Senses cannot guarantee the actions, behaviour or confidentiality of other participants and accepts no responsibility for disclosures made by others.

## 20. PHOTOGRAPHY, VIDEO & MEDIA CONSENT

From time to time, Thrive Senses may take photographs, video recordings or other media during workshops, events or group activities for educational, promotional, website or social media purposes.

Thrive Senses will always seek to respect participant comfort and privacy and will make reasonable efforts to avoid identifying individuals without consent.

By attending a Thrive Senses workshop or event, you acknowledge that incidental inclusion in group photographs, videos or background content may occur.

If you do not wish to appear in any photography or media, you are responsible for notifying Thrive Senses in advance of the workshop or event and reminding the facilitator on the day. Thrive Senses will make reasonable efforts to accommodate such requests but cannot guarantee exclusion from all incidental background appearances in group settings.

No compensation shall be payable for any approved use of workshop-related images or media.

Thrive Senses reserves the right to use non-identifying images of workshop environments, materials, activities and group settings for promotional purposes.

## 21. RECORDING PROHIBITION & USE OF DEVICES

To help maintain participant privacy, confidentiality and a supportive environment, audio recording, video recording, photography or reproduction of Thrive Senses workshops, coaching sessions, materials or group discussions is strictly prohibited without prior written permission from Thrive Senses.

Participants may not:

- record workshops or sessions;
- photograph confidential materials;
- reproduce activities;
- share workshop content publicly;
- distribute handouts or proprietary materials;
- post identifiable images or information relating to other participants without consent.

Thrive Senses reserves the right to request deletion of unauthorised recordings, photographs or materials and may remove individuals from participation where this policy is breached.

No refund shall be issued where participation is discontinued due to unauthorised recording or misuse of materials.

## 22. LIMITATION OF LIABILITY

To the fullest extent permitted, Thrive Senses shall not be liable for any:

injury,  
illness,  
emotional distress,  
mental distress,  
anxiety,  
panic,  
disappointment,  
allergic reaction,  
skin reaction,  
respiratory reaction,  
financial loss,  
business loss,  
relationship difficulties,  
emotional upset,  
indirect damages,  
consequential damages,  
incidental damages,  
personal dissatisfaction,  
perceived lack of improvement,  
personal decisions,  
worsening symptoms,  
healthcare complications,  
medication interactions,  
missed opportunities,  
reliance upon information provided.

Participation in Thrive Senses services occurs entirely at your own risk.

You acknowledge and agree that Thrive Senses cannot and does not accept responsibility for how information, tools, ideas or recommendations are interpreted or applied.

## 23. ONLINE CHALLENGES, COURSES & DIGITAL PROGRAMMES

Thrive Senses may offer:

online wellbeing challenges,  
self-guided programmes,  
online courses,  
e-courses,  
educational series,  
downloadable wellbeing resources,  
digital learning materials,  
online workshops,  
recorded content,  
guided exercises.

All online content is intended for educational and informational purposes only.

Participation is voluntary and undertaken at your own discretion.

You acknowledge that:

progress and results vary significantly;  
no outcome can be guaranteed;  
personal circumstances differ;  
participation requires personal responsibility;  
Thrive Senses cannot monitor individual suitability or wellbeing in real time.

Online programmes are designed to support general wellbeing and are not intended to replace:

medical care,  
mental health treatment,  
counselling,  
psychiatric services,  
therapy,  
emergency support.

You understand that participation in online challenges and courses is self-directed.

You are solely responsible for:

how you interpret materials,  
implementation of ideas,  
pace of participation,  
stopping activities if discomfort arises,  
seeking professional support where necessary.

## 24. ACCESS, ACCOUNT RESPONSIBILITY & DIGITAL CONTENT

Where online access is provided, you agree that:

access is personal to you;  
content may not be copied, shared or redistributed;  
login details must not be shared;  
access rights may be revoked if misuse occurs.

Thrive Senses does not guarantee uninterrupted access to digital content.

Temporary interruption may occur due to:

maintenance,  
technical issues,  
software failures,  
internet disruption,  
third-party platform issues,  
unforeseen circumstances.

Thrive Senses accepts no liability for interruption, temporary unavailability or technological disruption.

## 25. INTELLECTUAL PROPERTY

All Thrive Senses materials remain the exclusive intellectual property of Thrive Senses.

This includes but is not limited to:

website content,  
workshop materials,  
workbooks,  
handouts,  
exercises,  
educational frameworks,  
activities,  
coaching tools,  
worksheets,  
PDFs,  
videos,  
recordings,  
online content,  
branding,  
graphics,

course materials,  
programme content,  
written resources,  
presentations,  
social media content,  
downloads,  
logos,  
wording,  
designs,  
concepts.

Materials are provided for personal use only.

You may not:

reproduce,  
distribute,  
copy,  
modify,  
teach,  
publish,  
resell,  
upload,  
repurpose,  
commercially exploit,  
share publicly,  
use for business purposes,

without prior written permission from Thrive Senses.

Unauthorised use may result in legal action.

## 26. THIRD-PARTY INFORMATION & RESOURCES

Thrive Senses may occasionally reference:

books,  
articles,  
podcasts,  
websites,  
research,  
practitioners,  
products,  
apps,

tools,  
external providers,  
community resources.

Such references are provided for informational purposes only.

Thrive Senses makes no guarantees regarding:

safety,  
suitability,  
effectiveness,  
quality,  
outcomes,  
reliability,  
accuracy.

You access any third-party products, services or information entirely at your own risk.

Thrive Senses accepts no liability for third-party content, actions or outcomes.

## 27. CONFIDENTIALITY & DATA

Thrive Senses seeks to handle information respectfully and responsibly.

Information shared during coaching sessions will generally remain confidential except where:

disclosure is legally required;  
there is concern regarding serious harm;  
safeguarding concerns arise;  
legal obligations apply.

Electronic communication and digital systems can never be guaranteed entirely secure.

You acknowledge that Thrive Senses cannot guarantee absolute confidentiality or security of:

email communication,  
digital forms,  
online systems,  
video calls,  
third-party software.

By using Thrive Senses services, you consent to reasonable communication relating to your participation.

## 28. CLIENT RESPONSIBILITY & ASSUMPTION OF RISK

You expressly acknowledge and agree that participation in Thrive Senses services involves personal responsibility and assumption of risk.

You voluntarily assume all risks associated with:

coaching,  
workshops,  
aromatherapy activities,  
wellbeing practices,  
group participation,  
essential oil exposure,  
emotional exploration,  
educational exercises,  
breathwork,  
mindfulness,  
journalling,  
movement,  
relaxation techniques,  
nervous system regulation tools,  
lifestyle experimentation,  
implementation of recommendations.

You agree that any decision to participate or apply information remains entirely your own.

You understand that Thrive Senses cannot predict individual outcomes or reactions.

## 29. INDEMNITY

You agree to fully indemnify, defend and hold harmless Thrive Senses, its owner, contractors, facilitators, representatives, affiliates and associated providers from and against any claims, actions, liabilities, losses, injuries, damages, legal proceedings, demands, expenses or costs arising from:

participation in services,  
reliance upon information,  
implementation of recommendations,  
use of essential oils,  
workshop attendance,  
coaching participation,  
digital course participation,  
wellbeing activities,  
personal decisions,

lifestyle changes,  
third-party actions,  
misuse of materials,  
failure to seek medical advice,  
medical complications,  
emotional responses,  
injury or illness.

This includes legal fees and costs arising from claims brought by you or third parties.

### 30. FORCE MAJEURE

Thrive Senses shall not be held responsible for cancellation, interruption or inability to provide services due to circumstances beyond reasonable control, including but not limited to:

illness,  
natural events,  
emergencies,  
venue issues,  
utility disruption,  
internet failures,  
technology issues,  
travel disruption,  
government restrictions,  
security concerns,  
unforeseen events.

Where reasonable, Thrive Senses may offer rescheduling, transfer or alternative arrangements.

No liability shall arise from unavoidable disruption.

### 31. CHANGES TO SERVICES

Thrive Senses reserves the right to:

alter content,  
amend programmes,  
change facilitators,  
modify locations,  
revise materials,  
amend durations,  
discontinue offerings,  
alter schedules,  
update prices,

cancel services.

Such changes shall not create liability.

### 32. WEBSITE ACCURACY DISCLAIMER

While reasonable care is taken to provide accurate information, Thrive Senses does not guarantee that website content, emails, materials or communications are:

complete,  
current,  
accurate,  
error-free,  
uninterrupted,  
suitable for every person.

Information may change without notice.

Reliance on website information occurs entirely at your own risk.

### 33. NO WARRANTIES

All Thrive Senses services, materials and website content are provided “as is” and “as available.”

No express or implied warranties are made regarding:

outcomes,  
suitability,  
effectiveness,  
uninterrupted service,  
emotional improvement,  
personal transformation,  
health changes,  
wellbeing improvement,  
Satisfaction.

### 34. LIMITATION OF LIABILITY

To the fullest extent permitted, Thrive Senses' total liability, whether in contract, negligence, tort or otherwise, shall be limited to the amount paid by the participant for the specific service giving rise to the claim.

Under no circumstances shall Thrive Senses be liable for:

indirect loss,  
consequential loss,  
emotional distress,  
disappointment,  
medical complications,  
health deterioration,  
psychiatric issues,  
financial losses,  
lost income,  
lost opportunity,  
personal dissatisfaction,  
business interruption,  
reputational damage,  
emotional upset,  
reliance on recommendations,  
injury,  
illness,  
allergic reactions,  
essential oil reactions,  
skin irritation,  
respiratory issues,  
medication interactions,  
psychological distress,  
wellbeing outcomes.

Nothing within Thrive Senses services constitutes a promise of safety, effectiveness or suitability.

### 35. SEVERABILITY

If any provision of these Terms & Conditions is found to be invalid, unlawful or unenforceable, the remaining provisions shall remain fully enforceable.

### 36. ENTIRE AGREEMENT

These Terms & Conditions constitute the entire agreement between Thrive Senses and the participant and supersede all prior communications, discussions or understandings.

No verbal statement shall override these Terms & Conditions unless confirmed in writing.

### 37. ACCEPTANCE OF TERMS

By accessing the Thrive Senses website, booking any service, attending a workshop, participating in coaching, joining a challenge, purchasing a course, downloading resources or engaging with Thrive Senses in any way, you acknowledge that:

you have read these Terms & Conditions;

you understand them;

you voluntarily agree to them;

you accept personal responsibility for your participation;

you understand Thrive Senses does not provide medical, psychiatric or clinical treatment;

you understand that you should seek professional medical advice regarding suitability before participation and before making any health or lifestyle changes;

you accept that participation is undertaken entirely at your own risk.

[www.thrivesenses.com](http://www.thrivesenses.com)